



Changes to the EYFS Sept 2025 -safer drinking guidelines-commissioned by Public Health England.)

Children will no longer be able to have fruit juice at nursery as part of the government's crackdown on child obesity. The only source of fluid children will be offered is water or milk. This move has been issued under the new guidelines commissioned by Public Health England.

All children will be given milk at breakfast and lunch (unless they have an allergy).

Why do we say no juice at Nursery?

We follow government guidelines to nurture children's healthy choices for life long learning.

2 year old room:-

To promote healthy values, we **DO NOT** allow children to drink juice from their water bottles during the day.

3 year old room:-

3 & 4 years olds are asked **NOT to bring a water bottle**. We will have a water station and beakers for children to access water all through the day. This will promote learning to pour and drink from an open cup.

We will work hard to ensure all children get used to drinking water throughout the day in small group sessions.

Please speak to a member of staff if you have any concerns of your child's fluid intake.

